

KATH'S CASH FOR SPECIAL TRIKE

■ **SUPPORT:**
Kathleen and the pupils



■ **TARGET:** The KMX trike



■ **CASH** raised by a Helensburgh mum's 102-mile charity challenge will be used to buy a special exercise trike for Parklands school.

Kathleen Owen, well known in Helensburgh for running The Pet Shop in the town centre, is taking part in the Galloway recycle sportive in August and is fundraising for kids at the Helensburgh school.

The challenge is the equivalent of cycling from Helensburgh to St Andrews and will see Kathleen pass through quiet villages and towns and into the Galloway hills.

But the 50-year-old adventurer believes it will all be worth it if she can help kids get on their bikes and get healthy.

She said: "A few years ago I organised cycling proficiency training and I got into cycling from there.

"When I found out that pupils from Parklands were on a residential trip last week and used trikes, I thought it was a great opportunity to raise money and buy one for

them to use in school.

"It was just a coincidence but it all works out well, and for me to do the cycle to raise money for a trike just makes sense."

The KMX Typhoon adults sports trike costs £899 and will benefit the older children in the school during sport lessons every week.

Kathleen is also fundraising for Island Parrot Sanctuary near Oban, in memory of her famous macaw BJ, who died earlier this year and the Milton Animal Rescue Centre.

It will be the first time Kathleen has cycled the distance when she takes on the trek, but she says training is going well and hopes to complete it in nine hours.

The animal lover is going out three times a week, cycling 40 to 50 miles each time and is tackling Glen Fruin to make sure she is ready for the hills and forest part of the route.

If you would like to sponsor Kathleen, you can fill out the sponsor form in The Pet Shop on Sincalir Street,